

“Traditional” Services/Supports Provided Via the Home (Residential Setting), OR the Job or Day Program

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INSTRUCTIONS

- First, find out whether each service is in any way mentioned, prescribed, or required in this person’s Person Centered Plan **OR** Support Plan **OR** any other formal written plan.
- Then get an estimate of how many hours per week are devoted to this service; **only a rough estimate!!!**
- If the service is not received every week, make notes in the margin and figure out **average** hours per week later.
- It’s possible to have services that are in the plan, but are not now being delivered (example: goal was achieved already) --- in which case, enter “1” in the first column, and “0” in the second. Or, if services are being delivered that are not in the Plan, enter “0” and “1.”

Is This Service Called for in Any Formal Written Plan?	ROUGHLY How Many Hours Per Week Does the Person Actually Receive? 0=No 1=Yes
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1A _____ 1B _____

1 BASIC SELF-CARE SKILLS
Teaching, not just helping; including hygiene, dressing, eating, domestic skills

2A _____ 2B _____

2 COMMUNITY SKILLS
Formal programs to teach shopping, transportation, handling emergencies, etc.

3A _____ 3B _____

3 APPROPRIATE SOCIAL BEHAVIOR
Manners, interpersonal skills, etc.

4A _____ 4B _____

4 COGNITIVE SKILLS
Letters, numbers, shapes, colors, reading, writing, arithmetic

5A _____ 5B _____

5 OCCUPATIONAL THERAPY
Delivered, designed, or supervised by an Occupational Therapist

6A _____ 6B _____

6 PHYSICAL THERAPY
Delivered, designed, or supervised by a Physical Therapist

7A _____ 7B _____

7 COMMUNICATION, SPEECH, & HEARING THERAPY
Formal programs designed to improve communication abilities (devices included)

8A _____ 8B _____

8 RECREATION
Learning ways to use leisure time

9A _____ 9B _____

9 PSYCHOTHERAPY OR COUNSELING
Delivered directly by a trained therapist

10A _____ 10B _____

10 SEXUALITY EDUCATION, OR COUNSELING
Teaching person how to make safe and rewarding choices

11A _____ 11B _____

11 SPECIALIZED TRANSPORTATION PROGRAM
Contracted transportation service, not including paratransit

12A _____ 12B _____

12 PERSONAL CARE ATTENDANT OR AIDE
Providing help with physical needs

13A _____ 13B *****

13 PROGRAMS TO REDUCE CHALLENGING BEHAVIOR
Systematic reinforcement programs of any kind

* Note: Amount of time is probably not meaningful in this category, because such programs are constant and ongoing.